

**Smt. P. N. Doshi Women's College,  
Chatkopar, Mumbai.**

**The Department Of Psychology,**

**Invites You**

**To**

**A Competition**

**To Express Your Views Through**

**INSTAGRAM POST**

**Topics : Fear of Missing Out**

**Self Talk**

**Self Worth**

**Write up should be in 100 to 120 words**

# Instructions to participate

1. The write - up should not be more than 120 words
2. Registration should be done at the time of posting your content.
3. Tag us @mapsychology6
4. Winners will be given certificate.
5. Winners will be announced on Instagram ( @mapsychology6)
6. Last date of submission  
10th October, 2020