

THE FACULTY OF HOME SCIENCE

HOME SCIENCE

Home Science integrates the application of various sciences and humanities to improve human environment, nutrition, management of resources and development.

What is Home Science ? Is it only about..????







The woman of today...

She has:

- 1. More work.
- 2. Less Time.
- 3. Less Help.
- 4. Difficult choices to make
- 5. Eg. Food, Clothes and Career.



Home science prepares one to manage one's life more efficiently.

Is it about being a professional....???



Nutritionist / Dietitian Interior Designer and Consultant

Optimizing Human potential

Accessory Designer



Then what is it...???

- It is offered as a Bachelor's Degree with B. Sc. in Home Science
- The core specializations offered are
 - Food & Nutrition
 - Human Development

Offered at S. P. N. Doshi Women's College

- Resource Management —
- Development Communication & Extension
- Fabric & Apparel Science
- After the UG course one can go for PG in Home science and opt for specialization or can opt for other PG courses.

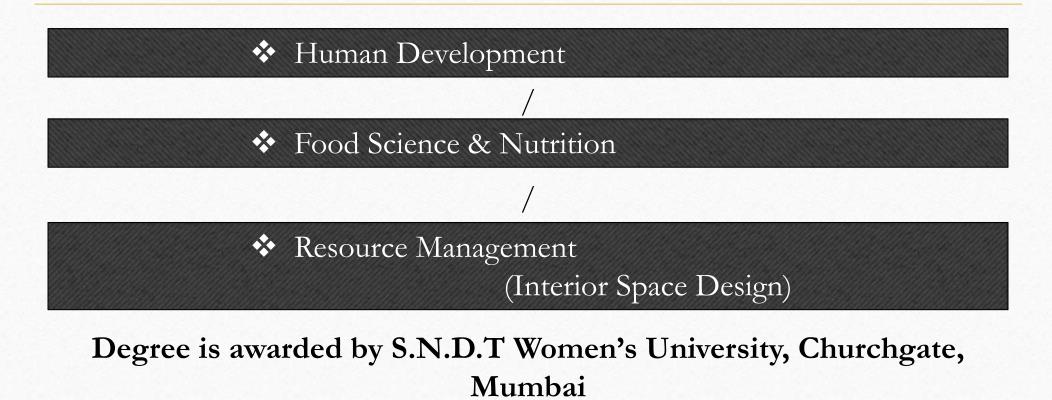






Dr. [Smt] Nanavati B.M.College of Home Science

You will receive a Degree in B.Sc. Home Science with Specialization in



Who can take up Home Science?

Students who have passed 12th Std in Arts, Science and Commerce.

Students who are willing to put in hard work and sincere efforts under the guidance of teachers.





General Information about Home Science

• This course is affiliated to SNDT university, Mumbai and the degree is recognized all over the world .

• Our college has NAAC accreditation with A grade for three consecutive cycles.

- This course is not affiliated to Baroda University.
- A variety of career oriented programmes recommended by the university under UGC are being offered which improve job prospects.



Advantages of Home Science

- Theory subjects as well as practicals therefore focusing on knowledge, skills and attitudes.
- Scoring high marks possible because of practicals and assignments.
- Semester system similar to professional courses like medicine and engineering, so exposure to a wide variety of subjects every six months.
- Seminars and presentations not only increase practical and in-depth knowledge of the subject but also enhance personality development.
- Internship placements provide exposure to the professional world and increase job prospects.



Teaching Methodologies







Home Science as a Career







Home Science as a Career





PARTICIPATION IN EVENTS

- Organizing Annual Exhibitions for the articles prepared under various subjects
- Field Visits
- Participating in Inter college Competitions
- Participating in International / State level seminars and workshops
- Participating and winning prizes in URJITA (Inter-collegiate students' research Competition) since three consecutive years.
- Participating in Study Tours / Industrial Visits / Community work.
- Internships in Industries, Institutions, Hospitals, Stores and with Designers and Architects.



Specialization in Human Development



Opportunities

- Administrator/Teacher: Nursery schools, Day Care Centres.
- Social worker: Child/Women/Old Age Institutions, Special Schools.
- Script Writer: Children's Book, Magazines, Newspapers, Websites, TV programmes, Children's theatre.
- Illustrator/Cartoonist: Children's books, Magazines.
- Designer: Toys, Space, Clothing, Equipments, Greeting Cards.
- Event Manager: TV programmes, Parties/Events for children, Summer camps.
- Counselor: Help lines, Schools, Child Guidance Clinics.
- Curriculum Designer: Schools, Private Nurseries.



Opportunities

- Teacher Trainer: Teacher Training Colleges.
- Researcher: Research And Design departments, Universities..
- HRD Professional: Industries.
- Professional in Communication and Media for children
- Special Educator / Dyslexia Therapist
- Recreation Manager
- Life Coach
- Emotional Intelligence Master Trainer / Counselor
- Designer: Toys, Space, Clothing, Equipment, Greeting Cards



ALUMNI OF HUMAN DEVELOPMENT DEPARTMENT



<u>Mrs Sneha sawant</u> Special Needs Teacher, Peel District School Board, Canada Special Needs Support Staff, Early Childhood Education Assistant, YMCA



Ms.Capt. Prerna Shinde

Posted in Jammu as Captain in the Indian Army Masters Social Work (2009- 2011) Commissioned in the Army 2011 Dec



Ms. Priyanka Naikar

Center Head and Co-ordinator at the Learning Curve - The International Preschool



ALUMNI OF HUMAN DEVELOPMENT DEPARTMENT



Ms. Manshree Shinde

Committed Communities Development Trust as Senior Programme Officer



Ms. Veena Kulkarni

Training Coordinator and Curriculum Designer, Neev Preschools, Queens road in Bengaluru



Prajakta B Sawant Grade Incharge in the Primary section at Shreeram Vidyalaya & Jr College, Airoli. 2010 - 11 batch



Specialization in Food Science and Nutrition



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Food Science and Nutrition









Opportunities

- Nutritionist / Registered Dietitian
- Hospitals Dietitian
- Food Industries (Product Development / Quality Control)
- NGO's UNICEF, CARE
- Government Placements ICDS, FDA
- Nutripreneurs (Food Entrepreneur)
- Self Employed Professionals
- Fitness Centers
- Consumer Healthcare / Nutrition Counselors / Diet Consultants
- Nutrition Marketing
- Journalism Health

ALUMNI OF FOOD SCIENCE & NUTRITION



SEEMA DIXIT Government Organization

Director, Division of Environmental Health, Rhode Island Department of Health, USA

<u>Shilpa Mittal</u> Corporate Wellness Consultant Founder Nutritionist &

Dietitian, SHILPSNUTRILIFE <u>Ms Afsha Shaikh</u> Corporate Wellness Consultant

Founder, Dietitian Afsha's Health Horizon, Hiranandani Meadows, Thane



<u>Ms Elina Dawoodani</u> <u>Wadia</u> Online Nutrition Counseling Diet Funda - Online Global Nutritional

Counseling Service









<u>Ms Siddhi Shinde</u> Online Nutrition Counseling NutriWow – Online Therapeutic Nutrition Counseling



<u>Ms Jayshree</u> <u>Shinde</u> <u>Consumer</u> <u>Healthcare</u> Diabetes Educator, Vaccine Division, Sanofi Pharma, Mumbai

Ms Shabnam Khan National Bodies Project Fellow, Indian Dietetic Association's 'Beat Diabetes" Project



Ms Miloni Nandu Consumer Healthcare Clinical Nutritionist & Field Educator, Hindustan Unilever Project at Saarathi Healthcare Pvt Ltd, Mumbai





Ms Ruchita Desai, Dietitian / Nutrition Counselor Senior Dietitian, P D Hinduja Hospital, Mahim, Mumbai Ms Bhavya Purani Kismatrao Pursuing Doctorate Degree Annamalai University, Chennai along with managing Nutrihealth – Online Counseling, Internship Training on Counseling Skills



Ms Anuja Dharap Corporate Wellness Consultant Founder Nutripreneur, The Green Punch

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ALUMNI OF FOOD SCIENCE & NUTRITION

Government Organizations

 Ms Kalavati Trimukhe, Department of Atomic Energy, Government of India

Analytical Laboratories

 Ms Rutali Pangare Jadhav, Senior Food Chemist, Anazeal Analytics & Research Pvt Ltd, Navi Mumbai

Dietitians / Nutrition Counselors

- Ms Mansi Dhamne, Chief Dietitian, Bai Jerbai Wadia Hospital for Children, Mumbai
- Ms Shama Chauhan, Senior Dietitian, Lifeline Hospital, Panvel



Specialization in Resource Management (Interior Space Design)



Resource Management









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Opportunities

- Assisting Architects & Interior Designers / Decorators
- Set Designing

- Event Management
- Independent Freelance Designers and Consultants
- Landscape Design Consultancy
- Entrepreneurs
- Auto-CAD drafters / Teachers
- Designing and Manufacturing Accessories.
- Specializing in Kitchen Accessories.
- Designing and Manufacturing of Furnishings (Bed and Linen).
- Creative Classes.
- Projects in Consumer Cells.
- Research Assistant/Associates in Research Cells.
- Writing for Interior Design Magazines.
- Laboratory Assistant in an Equipment Testing Lab.

ALUMNI OF RESOURCE MANAGEMENT DEPARTMENT



Ms. Deepa Waiker Currently Proprietor Of Karnik Interiors



<u>Ms. Asmita Sawant</u> Godrej Interio, Mumbai Integral design Sleek international (HO) Currently **Proprietor of Asmita &** Associates & Ecospace Enterprises - A modular kitchen firm



<u>Ms. Pinky Padhy</u> SPArch (Space Planner & Architects) Designation – Sr. Interior Designer Year of Passing : 2012 -2013







<u>Ms. Neha Poyrekar</u> HallMark Interiors Lifestyles Pvt Ltd. **Designation – Sr. Interior** Designer and 3D Visualiser

Year of Passing : 2010 -2011



Mrs Ashwini Gholam Jagtap

Genesis Infoserve Pvt Ltd (AutoDesk Gold Patner) **Designation - Technical Solution Expert for AEC** (Architectural Engineering & **Construction) Software products** for Interiors, Architects, MEP,BIM Course With BIM 360 Year of Passing : 2010 - 2011



<u>Ms. Shruti Karkera</u> Edifice Consultant Pvt Ltd Designation - Designer Year of Passing : 2010-2011









Ms. Prajakta Shivalkar (M.Sc.I.D.) •Vernon Interiors (Thane West)

•Year of Passing – 2012 - 2013



Ms. Priyanka Mistry Toran Global Pvt Ltd Designation : HR Recruitment

Year of Passing : 2014 - 2015



Ms. Vedanti Ghughre (Stood First in University – 2016) Inspire Designer (Thane) as Senior Interior Designer LivSpace as designer partner VedArya Creations as Design Consultant Year of Passing : 2015 - 2016



Today's Decisions are Tomorrow's Realities...

